

VOL. 1

THE RESURRECTION OF ZION

BY AHAVA MAMA



The Resurrection
of
Zion

by

Ahava Mama

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Livication

This is for the children of Alkebulan.

Reasoning Prelude

In these times, there is much talk of community, returning to nature, and the building of a nation. And, I must admit, this is extremely beautiful and signifies collective forward movement. On my salvation walk, I've been gifted with the experience of living amongst others in a communal setting and a natural environment. With this experience, though very beautiful and transformative, what I have found is that there is much more work that must be done, individually, than merely acquiring resources collectively and returning to the land.

In these times, many of us have come to be aware of the problems of the world. We know of the impact of certain thought patterns and actions that contribute to the destruction of nature and deeds that go against the essence of Life. Yet, with this awareness, it still seems that many of us still blame what we deem to be a society separate from us. We can not blame society because we are society, in essence. We can not blame the darkness of the world for our troubles and shortcomings when the darkness of the world is also a very intricate part of us. So, what good is it for one to blame society, when society is merely a product of the individual contribution? What good is it for one to return to the land with the same mentality that has designed a society that destroys the very land that we are returning to?

This may sound cliché, but the truth of the matter is this- the very constructs that we hate so much about “society”, are the very aspects of ourselves that we must address and correct. This “society”, or Babylon as many of us call it, is an imitation of our state of being. Selfishness. Greed. Envy. So on and so forth. They are the very aspects of ourselves that have contributed to our downfall and caused our very own demise as indigenous humans.

This may be a hard pill to swallow for some of us, but I've found that the truth never changes due to hurt feelings or disagreements. The truth is that all of our greatest nations that have fallen were merely conquered as a result of a shift in our collective mentality and decline in mindful awareness. We began to think, speak and act in manners that went against natural laws, and denied the natural order of Creation. We began to fight amongst ourselves for power, out of selfishness and greed. We began to do harm to others with no remorse. We began to take more than we gave. We began to want, want, want, rather than give thanks for all that has been provided.

In many ways, we began to disrupt homeostasis, and invite imbalance. Yet, for every cause, there is an effect, and nature always finds a way to balance itself out. This is law, and it cannot be avoided. However, as the pendulum swings to the left, it will also spring itself to the right.

So, although there is much confusion and division within society today- within all of our hearts and minds- there is always order to the chaos. With so many of us feeling the call to unify and return to the land, there is also a call to salvation. Yet, salvation comes with a cost. To be free is to assume great responsibility. My people, we have truly endured so much. This is indeed true. And, I know that we yearn to be free; free from the confusion of the world and One again with our higher purpose and divine essence. However, my beautiful people, with this sense of liberation, we must be present and mindful. We must be aware of our actions, and consider the contribution and influence that they have on the creation of the reality surrounding us.

In these times, with all of the talk about restoring family values and returning to the land, there are countless "alternative living", eco villages being established all over the planet. There are dreams and intentions to create more, even. This is beautiful, indeed. Yet, based on my own experience and deep introspection, this has made me wonder if we truly have been actively preparing ourselves for this type of livity. We must not forget that we have acquired a conditioning that is rooted in isolation, separation, capitalism, and individualism. We uphold isolated

families rather than upholding the village. We see ourselves as separate entities rather than unique expressions of the Almighty. We place more value on fiat currency than familial connections and natural resources. We have devolved to view ourselves as victims of circumstance rather than the creators of it. Have we truly identified all that it will take to thrive as a unit? Have we truly identified all that must be addressed from within, individually, in order to truly thrive righteously as an expression of an operative collective?

Considering our state as a collective, if we do not heal and correct the self in all of its confusion and imbalance, how will we be able to thrive and exist amongst our bredren and sistren? How can a nation divided against itself stand?

It can't.

During a deep meditation, I was called to compose this brief guide to remind us of our potential, and what principles and values we must uphold in order to restore and maintain balance when we unite in communal settings again. Because, yes, we will be returning to the land to commune in tribal villages again. But first, we must heal from the inside, and detach from the colonizer mind that operates in confusion. We must detach from the mindset that is rooted in division and ownership.

In these times, it is vital that we do the necessary work to purify ourselves in order to truly thrive in the unified nation that we so dearly dream of building. Unity is definitely of the essence, yet, we must first unify within ourselves. We must return to our "individual" sense of equilibrium, purging the enemy and culprit from inside, so that we are truly able to engage with our families in a balanced manner. Oneness and balance within the nation depends on the state of wellness within the minds and hearts of the members of said nation.

Upon completing this guide, you will find that it is not designed to be a how-to-guide, in terms of healing. It is simply designed to share a few reminders of how to conduct ourselves in and out of the village, to ensure that we are able to

serve and protect the balance of Life at all times. You will be reminded of a balanced perspective that breaks all illusions of time, limitation and separation- the illusions that we uphold blindly, and the illusions that feed the society that we seem to hate so much yet perpetuate its existence.

This guide will serve as a reminder for us all that we are not here to liberate humanity. We are the liberation of humanity. We are the healing of our nation. We are the burning of Babylon, and we are the resurrection of Zion.

The Resurrection of Zion

Modes of Operation

Upon the creation of this guide, I pondered on the various behavioral values and principles that will assist in establishing and maintaining balance, harmony and order in our villages. The list can be very extensive, yet I have simplified it to only 4. Below, you will be presented with the four behavioral values, and modes of operation and conduct that will ensure that our tribal villages, and all representative members, operate and function optimally and harmoniously.

They are as followed:

- 1. *Effective Communication***
- 2. *Higher Self-Awareness***
- 3. *Resourcefulness***
- 4. *Togetherness***

It is my wish that upon completing this reading, you will have greater clarity, and overstanding, on how we must view and conduct ourselves in order to truly be successful in what we wish to achieve. It is my intention to truly inspire, and remind us all that the sustainability and longevity of our nation is dependent on our energy, will, and effort. The resurrection of our nation is an inside job.

Maisha Zaidi.

*take these offerings of truth.
swallow them with your pride,
and allow Love's sweet nectar to nourish your heart.*

*the experience of life and death
is directed by the power of the tongue,
and you have the authority to commence transformation.*

*your tongue is a two edged sword, and whatever you speak shall
come forth.*

*heal and humble yourself with these words.
and know that you are Love.*

you are the composition of Life, and the source of existence.

Effective Communication

***“when two or more congregate,
the Most High is present.”***

I must place heightened emphasis on *effective* communication. The reason being, based on experience, I've found that many of us fall into the habit of speaking a lot, but not communicating well. Some of us aren't as comfortable speaking at all. Communication is far more than simply being able to articulate a thought, or emotion. Active listening is also a very critical aspect of effective communication. Being open, willing and able to not just speak on one's own behalf, but to also actively listen to another is both considerate and effective. We must be open and able to understand where another is coming from, without the desire to condemn, discredit, or invalidate what is being shared.

It requires great strength and courage to share what is on one's heart and mind. It showcases compassion and patience to take into consideration the thoughts and feelings of others. It requires a great deal of understanding to be able to consider all perspectives, and make a healthy balanced decision that is in alignment with the greater good of all involved. All in all, we must be respectful in our approach, delivery, and our receptivity.

Effective communication keeps channels open, and energy flowing void of blockages. Also, effective communication ensures that everyone is or remains in alignment and agreeance with the mission at hand. Within the human body, our cells are always in communication with one another. This is how our body is able to function properly. When there is miscommunication between cells, this is when and how we become susceptible to dis-ease. When there is miscommunication between tribal members, there is a risk of discordance in the village.

On another level, I must add that communication also affects us genetically, as our cells respond to and are shaped by our environment. When healthy communication takes place in a balanced environment, this information, including our emotional responses, from this environmental stimuli is stored in our cells, and will also be passed down to our offspring. The same applies for unhealthy communication. This is extremely important to note when considering establishing villages where women will be giving birth to children. The children are impacted far before conception, and are especially influenced during their time in the womb. Effective communication, and a loving supportive environment for the mother is essential for the health, functionality, and development of the child.

As you may now, or have already been aware, effective communication is a very vital aspect to the success of a sustainable, stable, and peaceful environment. In order to maintain homeostasis within our alliance, we must place communication at the top of our list of priorities. To be a family, moving as a cooperative unit, we must communicate- effectively. We must serve as righteous examples for our youth, so that they are able to articulate their thoughts and feelings in a balanced way.

*there's something in your heart.
something that your mind seeks to possess, yet can't seem to grasp
the origins of its depths.*

there's something in your heart that transcends the notion of time.

..something that encompasses the totality of eternity.

*love.
which is god. which is you.*

Higher Self-Awareness

“I am because we are.”

First and foremost, it is vital for us all to remember the fullness of who and what we truly are beyond all limitations, labels, and constructs. We are, you are, I am the nothingness that encompasses everything. At our core, we are truly boundless, formless, nameless, and intangible. We are pure consciousness, which is energy. We are the source that thought itself into existence. The concept and fullness of Oneness can not be reduced or misunderstood to simply be a new age agenda or ideology. However, one’s consciousness must vibrate beyond a certain threshold to be able to perceive reality through such a lens.

Moreover, higher self-awareness must not only be seen as some esoteric nature of thought. When dealing with simple practicality, higher self-awareness translates to everyday mindfulness. To be mindful of your actions, and aware of the consequences of those actions. To be mindful and aware of your influence on your environment and the state of well being of those around you. To be aware of the role you play in this game called Life. Once we think, speak, and act with awareness, we think, speak and act more responsibly.

Higher self-awareness means being aware of our interconnected essence, thus treating and loving our neighbor as we treat and love ourselves; wanting for our neighbor what we would want for ourselves. To act with higher awareness, you will maneuver in a way that dispels the illusion of separation.

To be mindful of one’s actions, as well as the consequences and influence of those actions, is representative of great responsibility. To be aware of oneself is to take full responsibility for not only yourself, but the impact that your existence has on those around you. This means you are considerate. You are respectful. You are honest. You are loving. This does not mean that you become a pushover of any

sort. This means that you approach all situations with a balanced mind, and understanding heart.

This is a vital aspect to the safety, security, stability, and functionality of our villages. Because, I may add, to be aware is to be present. When one is present, one is aware of the environment, and takes notice to any and all shifts taking place within or near this environment. The more you know yourself, the easier it will be to overstand the environment around you. Everyone in our alliance must remain present. Every mind must remain sharp, right and exact. This reduces the risk of any confusion taking root within our villages.

To clarify, this confusion doesn't always have to manifest itself through outside sources. Most time, the spirit of confusion presents itself through those in our immediate circle. The spirit of confusion exists within all of us, and will attempt to use our "weaknesses" against us. The spirit of confusion, when given the opportunity, has the ability to wreck havoc. This is why higher self-awareness and presence is mandatory. This is why we, as ancients, said to know thyself.

We must ensure that we conduct ourselves in a manner that reflects our awareness of who we are, and the power we hold. We must conduct ourselves in a manner that is responsible. We must maneuver in a fashion that exemplifies the systematic flow of Oneness.

*by monetizing nature, we devolved to embody the essence of selling
one's soul.*

degenerates, we've become.

*yet, when salvation is the mission, sovereignty becomes the ultimate
gift for the meek.*

..for those who shall inherit the Earth.

for the rest of their days, they shall give thanks for all of its bounty.

Resourcefulness

“Blessed, are the meek.”

We, as indigenous peoples, are naturally resourceful. Resourceful, in essence, equates to creative. Not only are we innately, extremely creative beings, but we are the essence of the creative force of the entire universe. This speaks volumes to what we are capable of producing when we are truly connected to the land, and thankful for all of its bounty.

Using what we have access to, and making a way out of what seems to be no way, is how we excel. It is how we are able to ensure that no one is in need or lack of anything. It is how we truly show gratitude, and make the best of what we are provided. It is how we remain in harmony with Life, rather than introducing parasitic vibrations into reality.

As indigenous peoples, we were self sustainable in our villages. We crafted our own clothing, and our own adornments. We adorned ourselves with natural resources, and did not exploit others, ourselves or the land (which are all One in the same) for capital gain. We built our own homes with natural organic materials. We grew our own food, harnessed our water and electricity- free of charge. The only price we paid was our attention, keeping our focus on sustaining Life and maintaining balance and harmony. This is a way of being not taught or truly upheld in western culture. This a way of life that sustains itself, and remains intact with our roots. This is a way of life that taught our youth, not by word but by action & deed, the value in our true riches.

True resourcefulness, true creativity, is how we sustained our villages. True resourcefulness is a way of being, utilizing all that we have access to, void of both waste and excessive consumption. True resourcefulness requires flexibility of mind. To make something out of what seems to be nothing is to allow the creative

force to perform as designed. This is how we thrive. This is how our nation, and our villages, will sustain Life.

We must remember our connection, and place greater value on the natural resources that we have available to us. We must remember the value of the elements, in their many forms. We must remember, and embrace wholeheartedly, the blessings that are provided to us. We must also remember the value and significance in group economics, or the joining of forces in a way which we share resources. There is no space for “what’s mine is mine”. We must take care of each other. In order for our nation and villages to thrive, we must remain resourceful and detach from this dependency that we have acquired on governments and large corporations.

together.

*we thrive in an immense field of instant gratitude.
constantly revolving,
energy exchanging and transforming into new forms of
consciousness.*

alchemists.

*creators creating seemingly elusive creations and enjoying the fruits
of the earth's willful labor.*

we dance.

we sing.

we laugh.

we cry.

we scream.

we love.

we honor god's, i mean our, creation.

together.

we are strong.

together.

we are powerful.

together.

immeasurable, we are.

together. in nature. as one. we thrive.

Togetherhness

“Love is law. Family is business.”

The family that prays together, stays together. The family that eats together, stays together. The family that works together, grows together.

It is important for all representative members of our nation to overstand that he/she is no longer an individual. It is important that you overstand that you are now the embodiment of a divine conception of the heart. You are now a representative member, and a unique expression, of a cooperative unit. Your thoughts, speech, and mode of conduct are no longer of your own individual experience. They never were, truly, in essence. Yet, with enhanced awareness and responsibility, there is a duty to fully embody this truth.

In order to be apart of a team, to build a family, and to accomplish the most elusive of goals, there must be Oneness. Togetherhness. There is no space for individualism. This means that the goals of the collective are now your goals. The mission of the collective is now your mission. Your thoughts, speech and mode of conduct is in alignment with the thoughts, speech, and mode of conduct as the rest of the collective. This means that we work together, and we operate as a unit. This means that we are One. This means that we are in full alignment. This is true marriage.

It is vital, for the stability of our nation, and the development of our youth, that this sense of togetherhness is embraced with enthusiasm. It is vital that each prospective partner, team member, and ally is fully committed and dedicated to the will and mission of the nation. With this will to commit, there is no space for confusion. With this commitment, from each party involved, there is only space for growth and harmony within the village and nation.

Togetherness implies that one hand washes the other. Togetherness implies that there is no separation. Togetherness supports the truth of the collective, and embraces the fullness of “it takes a village”. This means that all children are the responsibility of everyone. This means that all females are protected. This means that all males are respected. This means that everyone is on one accord. Togetherness means that everyone has pure intentions, clean hands, and clean hearts. It means that everyone takes care of each other.

Togetherness means family, and family is our top priority. There is no space for individualism, or this falsified sense of independence. The idea of being “independent” is outside of the laws and order of nature. Everything in nature is interdependent. We, as indigenous humans, overstood this when we communed in villages and tribes. There was peace because there was Oneness. There was harmony and forward movement because we all depended on one another. There was a dignified expression of togetherness. We must return to this. We are returning to this. Because, as it was in the beginning, so it shall be in the end.

*“Don’t let anything in the back
of your mind stop you from growing forward.”*

His Heavenly Majesty Nikosi Baba

Though I've shared these reminders, and critical modes of operation, I must also remind us all that due to the depth of conditioning and the severe programming that we have been susceptible to, none of these things will come overnight. Melanated people, in particular, have been fighting amongst ourselves for centuries. We have devolved to become very dismissive, distrustful, and envious of one another. We have devolved to become very spiteful. Our families are damaged and broken, and as children growing into adults, we have perpetuated many dysfunctional behaviors and patterns. However, our turnover is destined to be much greater when everyone is equally invested.

This means, despite our current conditioning, if we are all invested in growth, there is nothing that can stop us from reaching our optimal state. It will simply require commitment. It will require discipline. It will require endurance. It will require that we all remain steadfast, and compassionate, as we each grow to embody our greatest potential. The compassion, patience, and understanding that we cultivate for ourselves will be reflected in the relationships that we cultivate and nurture outside of ourselves. This will be the success, and foundation, of the inner security of our villages and nation. Unconditional love is the root of all that our nation will be.

In the next edition of this series, *The Resurrection of Zion*, I will be addressing the state of our women. I will be sharing reminders as it pertains to the power, and conditioned flaws, of the Divine Feminine. I will be addressing sisterhood, and the critical role that sisterhood carries in the healing and sustainability of our nation. We must remember who we are, and the power that we carry. But, we must also address the confusion that we perpetuate and take accountability for what we have allowed to take root in our families. It starts with us.

May we all continue to grow forward, and purge the imbalances that plague our minds and hearts.

Maisha Zaidi.

Love;
Love thrives within honesty and authenticity.
To sacrifice, or surrender one's ego to the
greater will of the All, is to embody love in its purest form.
This is the truth of sacrifice,
and One must embrace this truth
to feel at peace within the presence of Love.
Be reminded that this surrender must be accompanied with,
and is symbolic of, an enhanced awareness of Self-
the true divine Self that is Love in its most balanced form.

To love is to be aware.
The more aware that One becomes of oneself,
the more that One will come to know Love.
The more aware of oneself that One is,
the more loving One will be.

Love is ever-present, and ever-expanding,
yet it is not always in a space of observing itself, consciously.
When Love is aware of itself, it is able to thrive in any situation.